



ICKNIELD ROAD CLUB

Sporting Course Time Trial
 CTT London North Millennium Series Event 3 of 9
 To be held on Sunday 10th April 2022
 Distance 30Km (approx. 19.6miles)
 Event HQ - Cheddington Village Hall LU7 0RU



Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Official Start Sheet

Timekeepers

Peter Tasker Icknield R.C.
 Gordon Hart Icknield R.C.

Event Organiser

Martyn Anderson
 26a Flitwick Road
 Maulden, Beds
 MK45 2BJ
 01525 404059 / 07912 686436

START TIME 9.01 AM - Course F12/30Km (2017)

START at gateway (GR912000) on road called Cheddington Lane approx 0.6miles from Cheddington Cross Roads; proceed north east to Cheddington Cross Roads, **TURN LEFT** at the double roundabout (CARE) (M) and straight on through Mentmore Park, uphill to village then downhill to Mentmore Cross Roads (GR890206), **TURN LEFT** (M) on the Leighton Road to Wingrave Pond (GR869191) **TURN LEFT** (M) continue on unclassified road to Long Marston (GR898157) cross roads, **TURN LEFT** (M) (**GREAT CARE**) continue on unclassified road named Cheddington Lane through Start area to Cheddington Cross Roads **TURN LEFT** to **FINISH** (GR914184) at gateway approx 0.4 miles from Cheddington Cross roads.

THIS CIRCUIT TO BE COVERED TWICE

There is ample parking at the village hall with a 10-minute ride from Event H/Q to the Start.

The Village Hall will be open for toilet access and refreshments.

Sign-on will be inside the village hall – please remember to sign back in again after you’ve ridden.

Hand sanitiser will also be available – facemasks optional but please do not attend if you are showing Covid symptoms

Please don’t forget your helmet, rear & front lights - these are now mandatory for all CTT events.

Please refer to the course map attached to the CTT event details (do not use downloaded .gpx. or .tcx files).

PLEASE DO NOT WEAR CLEATS INSIDE THE VILLAGE HALL AS THIS DAMAGES THE WOODEN FLOOR !!!

INDIVIDUAL AWARDS

1 st	£25.00	Fastest up to 29	£10.00
2 nd	£20.00	Fastest 30 to 39	£10.00
3 rd	£15.00	Fastest 40 to 49	£10.00
1st Lady	£25.00	Fastest 50 to 59	£10.00
		Fastest Over 60	£10.00

TEAM AWARDS

Fastest Club Team of 3	£10.00 each rider
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One rider one prize other than the Team award.

Award winners will be contacted after the event and monies transferred by BACS.

Any competitor under the age of 18 must wear a correctly sized and fitted helmet which must be of a hardshell construction and present a signed Parental Consent Form when signing on.

Road surfaces

Road surfaces of the Course are not too bad but don’t take risks - this particularly applies to the LEFT HAND TURN in Long Marston village cross roads where there are pot holes & gravel, and the ascent and descent of Mentmore Hill.

Please ensure you observe the Highway Code at all times when riding.

